

**Kom paub ntxiv txog kev mob ntsws  
tuberculosis hauv Internet, thov mus saib:**

The Centers for Disease Control  
and Prevention  
www.cdc.gov

U.S. Department of Health  
and Human Services  
www.omhrc.gov



*Cov lus qhia tseem ceeb no yog muab los ntawm  
ib cov ntauv uas tau raug sau los ntawm:*

*The Centers for Disease Control  
and Prevention (CDC)*

*U.S. Department of Health  
and Human Services*

*The Directors of Health Promotion  
and Education (DHPE)*

**TIV TAUJ TAU NTAWM:**  
riht@uscridc.org  
Tebchaws Asmesliskas Lub Koos  
Haum Pab Cov Neeg Tawg Rog  
Thiab Cov Neeg Tsiv Teb Tsaw Chaw  
1717 Massachusetts Ave., NW  
Suite 200  
Washington, DC 20036  
Tus Xovtooj: 202 • 347 • 3507  
Tus xa ntauv fax: 202 • 347 • 7177  
www.refugees.org

*Phau ntauv qhia no tau tsim los ntawm  
ib cov nyiaj ntawm lub Koos Haum the  
Department of Health and Human Services  
Office of Refugee Resettlement.*



**Tuberculosis (Mob  
Ntsws) Yog Dab Tsi?  
(What is Tuberculosis?)**

**(Hmong)**



**www.refugees.org**

*Protecting Refugees, Serving Immigrants,  
Upholding Freedom since 1911*

### TB YOG DAB TSI?

Tuberculosis, lossis “TB,” yog ib yam kab mob uas kis tau sai heev vim tias nws kis ntawm ib tug mus rau lwm tus los ntawm txoj kev ua pa. Ib tug neeg uas mob TB tuag taus yog tias nws tsis muaj tshuaj los pab.

### TB KIS LI CAS?

Cov kab mob TB nkag mus rau ntawm cov pa thaum ib tug neeg uas mob TB hnoos, txham, hu nkauj, nti nqaub ncaug, lossis thaum nws luag. Cov neeg uas ua cov pa no mus rau hauv lawv lub ntsws muaj cuab kav kis tau TB thiab.

### LEEJTWG THIAJ LI KIS TAU TB?

Lub Koos Haum Saib Xyuas Kab Mob Hauv Ntiaj Teb (The World Health Organization

(WHO)) hais tias kwv yees li ntawm 6 billion tus tib neeg thoob ntiaj teb kis tus kab mob TB no txhua xyoo. Txhua xyoo, kwv yees li ntawm 2 lab (million) tus tib neeg tuag vim tias lawv mob TB. Cov neeg uas nyob ua ke nrog cov neeg uas mob TB muaj ib feem yuav kis tus kab mob TB thiab. Cov neeg uas muaj feem yuav kis yog cov menyuum kawm ntawv ua ke, cov neeg ua haujlwm ua ke, cov neeg hauv tib tse neeg lossis cov nyob ua ke.

### LATENT TB TXAWV ACTIVE TB LI CAS?

Cov neeg uas mob latent TB muaj cov kab mob TB nyob rau hauv lawv lub cev tiamsis nws tsis ua rau lawv mob. Cov neeg uas mob latent TB yuav kis tsis tau rau lwm tus tibneeg, tiamsis nws muaj feem yuav mob TB In hnuv tom ntej.

Cov neeg uas tau active TB mob TB tiag tiag. Qhov no txhais tias cov kab mob TB txawj loj thiab tua lub cev. Cov neeg uas mob TB mob raws li tau hais tag no, thiab lawv kis tau rau lwm tus neeg, feem ntau yog cov neeg uas niaj hnuv nyob ntawm lawv, xws li cov neeg uas lawv ua haujlwm nrog, cov neeg uas nrog lawv kawm ntawv, thiab lawv tsev neeg.

### TB UAS TSHUAJ TUA TSIS TAU

Yog tias ib tug tibneeg uas mob TB tsis noj nws cov tshuaj raws li hais, losyog nws tseg tsis noj nws cov tshuaj sai dhau lawm, ces cov kab mob TB yuav txawj paut kom lwm hnuv cov tshuaj tua tsis tau nws lawm. Qhov no txhais tau tias cov tshuaj yuav tsis ua haujlwm lawm, vim li no tus tibneeg ntawd yuav tsum tau noj lwm yam tshuaj—tej thaum yuav tsum tau noj cov tshuaj muaj muaj zog—thiab tau no ntev dua kom nws thiaj li tua tau cov kab mob. Cov tshuaj muaj zog tua cov TB uas cov tshuaj tua tsis tau lawm, nws nyuaj thiab nws kim heev.

### KHO TB LI CAS?

PEB KHO TAU COV NEEG UAS MOB TB! Nws siv sijhawm ntev los kho kom tau TB. Cov neeg uas mob TB yuav tsum noj ob peb yam tshuaj rau 6 mus rau 12 lub hlis kom thiaj li tua tau cov tshuaj. Ib tug neeg ua noj tshuaj tua TB, muaj tej thaum uas ntej cov tshuaj tua tab cov kab mob TB, twb zoo li nws zoo lawm. Tiamsis nws yog ib qho tseem ceeb heev kom tus neeg ntawd noj cov tshuaj tua TB kom tag. Yog tias ib tug tibneeg noj tsis tag tshuaj tua TB, nws yuav rov qab mob dua.

### YOG KOJ XAV TIAS TEJZAUM KOJ TAU KIS TB LAWM

Yog koj xav tias koj tau nyob ze ntawm ib tug neeg uas mob TB lawm, koj yuav tsum mus saib koj tus kws kho mob lossis rau ntawm lub tsev saib xyuas mob mus kuaj seb koj puas mob TB tiag.

